Discovery Call

Presenting Problem

What issue would you like to work on in your session? What would you like to transform?

Why do you think you have that problem?

What are the top 3 changes you'd like to make in your life?

Symptoms

Why is this a problem for you, how does it make you feel? Where do you feel it in your body?

How does it feel in your body?

What are some of the words you're telling yourself?

Triggers

Are there any particular times or situations that really trigger your problem and make it worse?

Are there any particular times or situations that make your problem better, or lesson your problem?

Habits

Tell me about some of your habits, or behaviors that result from this issue, what does this issue cause you to do, what actions do you take?

Childhood

Tell me about your childhood, what was your relationship with your parents like when you were a child?

Do you have any brothers or sisters? BROTHERS___SISTERS_____

Are you the oldest? Youngest?

How are your siblings now, how did they turn out?

Do (does) your brother(s), sister(s), or any of your siblings suffer from the same issue?

(NAME), if I could wave a Magic Wand and do one thing for you in this one session, what would you like me to do, what outcome would you like to have after your session?

(NAME), I want you to close your eyes for just a moment, I want you to imagine, what your life will be like without_____(PP).

When you're free from this issue, what will your life be like?

How will you feel?

What will you be doing?

What does that mean to you? Success.

(NAME), visualize **exactly** how you would like your life to be, what words are you telling yourself?

What would you be thinking?

How does that make you feel?

(NAME), My job is to excite your mind, if I could make an amazing recording to change your life...

Tell me, what you would need to hear on that recording...

How would you like to feel?

What else, what would you love to hear?

What would be amazing, give me the right words to wake up your mind!

OK (NAME), Just one last thing…On a scale of 1-10 with 10 being the highest, how motivated are you to make this change, to do the work required to really transform yourself and your life?

1 2 3 4 5 6 7 8 9 10 (Circle answer)

Excellent, you gave me some great feedback, you're going to have an amazing session!

Thank you so much for your time! I look forward to seeing you.